



RIVERSIDE COUNTY PROBATION DEPARTMENT
Serving Courts • Protecting Our Community • Changing Lives



Course Title: Field: Armed Ground Defense Training

Hours of Instruction: 4

Course Objectives:

- a) Demonstrate proficiency with Ground Kick.
- b) Demonstrate proficiency with Trap and Roll Escape.
- c) Demonstrate proficiency with Escape from Closed Guard.
- d) Demonstrate proficiency with Scissor Sweep.