



RIVERSIDE COUNTY PROBATION DEPARTMENT

Serving Courts • Protecting Our Community • Changing Lives



Course Title: Gracie Survival Tactics Class 1

Hours of Instruction: 4

Course Objectives:

- a) In a simulation, demonstrate a course instructed escape from a bottom grounded position.
- b) In a simulation, demonstrate a course instructed technique to maintain control of a suspect in a grounded position.
- c) In a simulation, demonstrate a course instructed handcuffing technique from a grounded position.
- d) In a simulation, demonstrate how to defend from punches from a bottom grounded position.
- e) Given a scenario, demonstrate a prone control handcuffing technique.