



RIVERSIDE COUNTY PROBATION DEPARTMENT

Serving Courts • Protecting Our Community • Changing Lives



Course Title: Field: Motivational Interviewing (MI) Refresher

Hours of Instruction: 4

Course Objectives:

- a) Describe the (4) components of Motivational Interviewing.
- b) Define Partnership.
- c) Identify the things to avoid when trying to collaborate with the client.
- d) Identify the Five Principals of Partnership.
- e) Define Empathy.
- f) Identify the things to avoid when trying to understand the client's point of view.
- g) Define Cultivating Change Talk.
- h) Identify the things to avoid when trying to collaborate with the client.
- i) Identify the different types of questions in Cultivating Change Talk.
- j) Define Softening Sustain Talk.
- k) Identify the things to avoid when Softening Sustain Talk.