



RIVERSIDE COUNTY PROBATION DEPARTMENT

Serving Courts • Protecting Our Community • Changing Lives



Course Title: Weaponless Self Defense for Armed Staff

Hours of Instruction: 6

Course Objectives:

- a) Demonstrate knowledge of the law, case law, policy based on PowerPoint presentation.
- b) Demonstrate proficiency with stances/movement and blocks.
- c) Demonstrate defensive tactics against an attack using personal weapons.
- d) Demonstrate a course instructed choke escape.