



PRESS RELEASE

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CONTACT: Beth Stevens (Public Relations Division Director)

EMAIL: Bstevens@rcprob.us

OFFICE: 951-955-2983

Given the increase of mentally ill juvenile offenders, the Alan M. Crogan Youth Treatment and Education Center (AMC YTEC) has developed a unit in tandem with Behavioral Health and the Mentally Ill Offender Crime Reduction (MIOCR) Grant Program which can provide an individualized treatment plan for these youth. Youth committed to the YTEC program will be screened by behavioral health staff and based on their assessed needs, may be suitable for the Intensive Re-Integration Services (IRIS) unit. Youth eligible for the IRIS unit must fall under WIC 5600.3 (a) and meet established program criteria. The following evidence-based programs will be provided to mentally ill juvenile offenders beginning January 21, 2016 within the IRIS Unit:

- Aggression Replacement Training (ART) – Focuses on developing individual skills to address aggressive behavior. The main goal is to reduce aggression by teaching pro-social skills, anger control techniques, and assist in making responsible and morally mature decisions.
- Functional Family Therapy (FFT) – Evidence-based family therapy intervention for the treatment of violent, criminal, behavioral, school, and conduct problems with youth and their families.
- Moral Reconnection Therapy (MRT) – A systematic treatment strategy that seeks to decrease recidivism among juvenile and adult criminal offenders by increasing moral reasoning. Its cognitive-behavioral approach combines elements from a variety of psychological traditions to progressively address ego, social, moral, and positive behavioral growth.
- Trauma-Focused Cognitive-Behavioral Therapy (TF-CBT) – Evidence-based treatment for children and adolescents impacted by trauma and their parents or caregivers. Research shows that TF-CBT successfully resolves a broad array of emotional and behavioral difficulties associated with single, multiple and complex trauma experiences.
- Seeking Safety – Evidence-based, present-focused counseling model to help people attain safety from trauma and/or substance abuse. It directly addresses both trauma and addiction, but without requiring clients to delve into the trauma narrative.
- Functional Family Probation Services (FFPS) – Expands the target of intervention beyond just the youth. From the very beginning, FFP-trained workers consistently meet with families.
- YTEC Enhanced Aftercare – Upon successful completion of the YTEC program, youth are supervised by deputy probation officers who ensure that youth are abiding by their terms and conditions of probation.

“Providing individual treatment in a structured environment to assist youth in choosing the right path for tomorrow”