



Course Title: (Class 17.5: Take-Downs)

Hours of Instruction: 4

Course Objectives:

- 17.5.1 In a simulation, demonstrate at least two course-instructed take-down techniques incorporating the following: proper balance, maintaining a position of control and advantage and proper foot movements. (BST)
- 17.5.2 Demonstrate a course-instructed two officer, one subject take-down technique incorporating the following: correct positioning of two-person configuration, controlling the subject's legs above the knees and communicating between officers. (BST)