



Course Title: (Class 17.9: Use of Restraints)

Hours of Instruction: 4.5

Course Objectives:

- 17.9.1 With a second officer, demonstrate the proper application of handcuffs of a noncompliant individual in a standing, kneeling, and prone position using a courseinstructed control hold. (BST)
- 17.9.2 Identify issues related to the proper fit of hand cuffs (e.g. position of locks, position of wrist, tightness of cuffs, double locking). (MCT)
- 17.9.3 With a second officer, demonstrate how to assist a handcuffed individual in the kneeling and prone position to their feet incorporating the following: appropriate verbal instructions to the individual during the assist, not pulling up offender by their arm and not compromising individual's ability. (BST)
- 17.9.4 Given a scenario, demonstrate how to safely remove handcuffs. (BST)
- 17.9.5 With a second officer demonstrate how to properly escort a handcuffed individual. (BST)
- 17.9.6 Identify the procedure for safely approaching an individual prior to the application of handcuffs. (MCT)
- 17.9.7 Given a scenario, demonstrate the proper approach and application of handcuffs on a compliant individual from a standing, kneeling, and prone position. (BST)
- 17.9.8 In a simulation, demonstrate handcuffing an individual from the searching position incorporating the following: joint locks, cuff retrieval from waistband on belt. (BST)
- 17.9.9 Identify the different parts and nomenclature of handcuffs (MCT)
- 17.9.10 Given a scenario, demonstrate the use of verbal commands during the application of handcuffs. (BST)
- 17.9.11 Identify why it is important to use verbal commands while applying restraints. (MCT)
- 17.9.12 Identify laws related to the use of restraints. (MCT)

- 17.9.13 Identify situations when the use of restraint devices may be appropriate, according to Title 15. (MCT)
- 17.9.14 Identify the types of restraint devices used by officers. (MCT)
- 17.9.15 Identify the restraint methods that may not be appropriate (e.g. hog tying). (MCT)
- 17.9.16 Identify circumstances when the use of restraints may not be appropriate. (MCT)
- 17.9.17 Demonstrate how to assist a resisting handcuffed individual to a sitting position, entering and exciting a vehicle. (BST)
- 17.9.18 Identify Title 15 requirements for direct visual super vision of an offender when the offender is in physical restraints. (MCT)