



RIVERSIDE COUNTY PROBATION DEPARTMENT

Serving Courts • Protecting Our Community • Changing Lives



Course Title: (Class 18.11: Behavioral Health: Emotional Survival)

Hours of Instruction: 2

Course Objectives:

- 18.11.1 Identify signs and symptoms of emotional distress for the officer. (MCT)
- 18.11.2 Define signs of secondary and vicarious trauma (as it relates to staff). (MCT)
- 18.11.3 Identify appropriate responses to a critical incident to ensure staff emotional health is addressed. (MCT)
- 18.11.4 Identify the factors an officer should consider related to secondary trauma while preserving a crime scene. (MCT)
- 18.11.5 Identify EAP services and how stigma can affect an officer's willingness to access them. (MCT)

** Riverside County hires an external instructor to teach this class; therefore, the material is not available for review as it is not property of the Riverside County Probation Department. **