



# RIVERSIDE COUNTY PROBATION DEPARTMENT

Serving Courts • Protecting Our Community • Changing Lives



## **Course Title: (Class 20.6: Ground Control)**

### **Hours of Instruction: 4.5**

#### **Course Objectives:**

- 20.6.1 In a simulation, demonstrate a course-instructed escape technique from a ground position incorporating the following: escape from and restrain the juvenile, gain a position of control and advantage, and maintain mental alertness and concentration. (BST)
- 20.6.2 In a simulation, demonstrate a course-instructed escape technique from a front position incorporating the following: escape from and restrain the juvenile, gain a position of control and advantage, proper balance and foot movements. (BST)
- 20.6.3 In a simulation, demonstrate a course-instructed escape technique from a rear position incorporating the following: escape from and restrain the juvenile, gain a position of control and advantage, proper balance and proper foot movements. (BST)
- 20.6.4 Given a scenario, demonstrate course-instructed prone control technique. (BST)
- 20.6.5 In a simulation, demonstrate a course-instructed escape technique from a bear hug incorporating the following: escape from and restrain the juvenile, gain a position of control and advantage and proper balance. (BST)